

# CAMPBELL COUNTY SENIOR CENTER & WELLNESS CENTER

Senior Center  
(859) 572-4300

3504 Alexandria Pike  
Highland Heights, KY 41076

Wellness Center  
(859) 547-3665

## MARCH 2021

### VIRTUAL CALENDAR

<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thu</b>	<b>Fri</b>
<u>Every Monday</u> Pacesetters <b>ALL CLASSES</b>	<u>Every Tuesday</u> Pacesetters <b>&amp; ACTIVITIES ARE</b>	<u>Every Wednesday</u> Pacesetters <b>VIRTUAL. THERE</b>	<u>Every Thursday</u> Pacesetters <b>ARE <u>NO</u> IN-PERSON</b>	<u>Every Friday</u> Pacesetters <b>CLASSES.</b>
1 11:00 Tai Chi  Registration begins for Painting Class	2	3 11:00 Chair Yoga	4	5 11:00 Cardio Strength February Pacesetter miles due. Call Jessie 547-3665
8  11:00 Tai Chi	9	10  11:00 Chair Yoga	11  11:00 Cooking Class	12  11:00 Cardio Strength  <u>Last day to Register For Craft Class</u>
15  Tai Chi  Commodity Supplemental Food Program (CSFP) Pick-up	16	17 11:00 Chair Yoga 10:00am –2:00pm Pick-up Painting Class Supplies Supplies 1:00 St. Patty's Day Trivia Contest 	18  10:00am –2:00pm Pick-up Painting Class Supplies Supplies	19  11:00 Cardio Strength 10:00am –2:00pm Pick-up Painting Class Supplies
22  11:00 Tai Chi	23  10:00 Painting Class	24  11:00 Chair Yoga	25  11:00 Cooking Class	26  11:00 Cardio Strength
29  11:00 Tai Chi	30	31  11:00 Chair Yoga		

**MARCH FUN ACTIVITY: MARCH 17 (WEDNESDAY) St. Patty's Day Trivia 1:00 p.m.** Trivia will be on Facebook Live.

**MARCH 1 (MONDAY): Painting Class** registration begins and runs through Friday, March 12. This month's project is a great painting for any kitchen as it is either a coffee mug or a tea with a simple background. The cost is \$5.00. Money is due when you pick up your project bag.

**MARCH 5 (FRIDAY): February Pacesetters** miles due. Call Jessie at 547-3665. You may leave a message.

**MARCH 11 (THURSDAY) and MARCH 25 (THURSDAY) Cooking Class:** 11:00 a.m. Dishes will be simple and cost effective to make. This class is offered on Facebook Live.

**MARCH 12 (FRIDAY): Last day to register for Painting Class.**

**MARCH 17 (WEDNESDAY)-MARCH 18 (THURSDAY) and MARCH 19 (FRIDAY):** Pick-up Painting Class supplies between **10:00am and 2:00pm**. Please call **572-4300** to let us know when you will be coming.

**MARCH 23 (TUESDAY): Painting Class** on Facebook Live.

**All classes are virtual on Facebook Live at Campbell County Senior Center.**

**LIBRARY SERVICES:** Be sure to check out our *Little Library* located outside the main entrance to the facility. Don't see anything you like, call 572-4300 and a staff person will be more than happy to assist you.

**MOVIES:** The Senior Center has been gifted a nice selection of movies. If interested in checking out a movie, please call 572-4300 to see what is available.